

GriefShare Support Group Series



This GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. This 13-week series will be held February 13–May 7, 2024.

Tuesdays from 6:00–8:00 p.m.

David-Donahower Funeral & Cremation Service
609 US Hwy 10 East, Detroit Lakes, MN 56501

Through this 13-week series, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.

There will be small groups for loss of a spouse/life partner, loss of a child, loss of a parent, loss of a sibling, and other groups as needed. This program features biblical concepts for healing. We will be using GriefShare 4.0.



GriefShare®
SUPPORT GROUP



Mary Swenson
Aftercare Coordinator

Please register by February 6 by calling 218-847-4147 or by emailing mary@daviddonehower.com.

There is a \$20 charge for the companion book*.

Light refreshments will be served.

*Scholarships are available for financial hardship.